

Netball SA

Coloured Shirt Program Manual



netball
SOUTH AUSTRALIA

CONTACT US

For all Umpiring enquiries please contact:

Netball SA Officiating Department

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PROGRAM INFORMATION



ABOUT THE PROGRAM

Source: Office for Recreation, Sport and Racing (ORSR) (2014), *“Coloured Shirt Program: Resource Kit – Section 1 an Introduction to the Coloured Shirt Program (CSP)”*, Government of South Australia, p.1-2.

Across Australia historically sports have had difficulty recruiting, training and retaining officials. In the past 10 – 15 years the number of officials in Australian Sport has dropped markedly. Some sports have reported they have lost more than 50% of new recruits in one season. Many sports are experiencing a serious decline in the number of officials, and also difficulty in retaining them.

The aims of the Coloured Shirt Program (CSP) are to:

- Make new or inexperienced officials easily recognisable to educate all participants including players and spectators.
- Promote this new program to the sports community to raise awareness and increase the recognition and support of new officials.
- Assist in reducing pressure and lessening abuse and conflict directed towards new officials.
- Create a culture of support towards these new officials via the education of players, spectators, coaches and the media about Codes of Conduct, Play by the Rules, Sideline Rage and Sport Rage.

This initiative involves “new” officials in participating sports recruited during the implementation phase of the program, and existing officials who are still considered to be “inexperienced”.

Netball SA with the support of the ORSR will help Clubs and Associations to begin to build a culture of support for officials.

Newly trained officials will be provided with an “identifiable” Coloured Officials’ Shirt into the recognised officiating shirt of their sport within a negotiated time frame. Inexperienced officials will be encouraged to progress from their coloured shirt into the recognized officiating shirt of their sport within a negotiated time frame.

GETTING STARTED

The Coloured Shirt Program is about best practice for sport. It's about forming positive relationships and creating safe, supportive environments for all participants.

The Coloured Shirt Program employs a highly visible tool to inform and remind players, coaches and spectators of the need to be supportive of officials, especially when they are just beginning to learn the skills needed to be an effective umpire.

The Association or Club will need to ensure they promote the concept of safe, supportive environments to their clubs and members, and work with them to ensure this flows effectively through to individuals. It is up to every participant to recognise the role and responsibilities they can play in creating a safe and supportive sporting environment.

An Association or Club may need to consider the following steps as part of rolling out the program to their members:

- Develop a mentor/mentee process that will assist beginner officials;
- Engage clubs/members to promote the program;
- Seek interest from potential mentors;
- Promote the program at training/competition/club meetings and functions to educate and to engage future beginner officials;
- Run training sessions for beginner officials;
- Align new officials to appropriate mentors;
- Mentors and beginner officials create an action plan for the development phase of the CSP;
- Beginner official commences officiating at appropriate level/commitment; and
- Association/Club monitors progress and provides support to mentors and beginner officials as required.

REQUIREMENTS OF A COLOURED SHIRT UMPIRE

Upon acceptance to be a Coloured Shirt Umpire, each umpire is expected to:

- Commit 100% to the Coloured Shirt Program;
- Develop a good understanding of the Basic Principles of Umpiring;
- Be a registered member of Netball SA.
 - Player; or
 - Coaches and Umpires Association.
- Complete the Rules of Netball Theory Exam;
- Complete the Foundation Umpire Education Course;
- Complete the Netball SA Umpire Survey;
- Complete the four modules of “Play by the Rules” Online Training;
- Develop an understanding of fitness required for umpiring;
- Recognise the principles of working together supportively with mentors, players and coaches;
- Be fully dressed in the Coloured Shirt and in white shorts or skirt; and
- Be prepared to attempt a practical assessment for National C Badge Testing after completing the maximum of 2 years in the Program.

WHAT IS THE ROLE OF THE COLOURED SHIRT LIAISON PERSON?

The role of the Coloured Shirt Liaison Person is to facilitate the Coloured Shirt Program for the Association or Club.

The Coloured Shirt Liaison Person is responsible for the:

- Recruitment of participants;
- Allocations of mentors to Coloured Shirt Umpires;
- Ensuring any forms of reporting is completed;
- Increase the recognition and support of new officials;
- Promotion of the Coloured Shirt Program at Association and/or Club level;
- Assist in reducing pressure and lessening abuse and conflict directed towards Coloured Shirt Umpires; and
- Organisation of Coloured Shirt Program training sessions;

The Coloured Shirt Liaison Person is to:

- Complete the following surveys via the Survey Monkey.
 - CSP Centre Mid-Season Survey; and
 - CSP Centre End of Year Survey.
- Encourage all umpires to complete the following:
 - CSP Umpire Survey;
 - Rules of Netball Theory Exam; and
 - Foundation Umpire Education Course.

The Coloured Shirt Liaison Person will receive communication from Netball SA regarding development opportunities for mentors and participants.



WHO CAN MENTOR THE COLOURED SHIRT UMPIRES?

Individuals who are experienced umpires can mentor Coloured Shirt Umpires. This may mean they have umpired for several years or hold a current National C badge or higher.

Mentors do not have to be badged to mentor Coloured Shirt Umpires.

The only pre-requisites for individuals who wish to mentor Coloured Shirt Umpires are:

- Must have a current DHS Screening or be willing to attain one;
- Current Foundation Umpire Education Course;
- Current Rules of Netball Theory Exam (pass mark of 70% or more); and
- Current registered member of Netball SA.
 - Player; or
 - Netball SA Coaches and Umpires Association.



HOW TO APPLY FOR A DHS SCREENING

In accordance with The Children's Protection Act 1993 (SA) volunteers engaging in employment or volunteer work with children must have a history assessment and screening to determine their suitability for employment or volunteer work in a sporting or recreation organisation.

From 1 November 2018 screening will no longer be processed by SA Police for volunteers engaging with children and vulnerable people. Volunteers engaging with children and vulnerable people will now apply for a screening check with the Department of Human Services (DHS) from this date and screening will be free. The DHS Screening Unit will produce a risk assessment against the inherent duties of the role, which is used by organisations to determine the suitability of individuals for employment or volunteer work within their organisation.

Organisations start the on-line DHS screening application process on behalf of a volunteer, who will receive an email notification to complete it. Volunteers cannot start their own application. The organisation requesting the check (i.e. the Club or Association) must confirm the application is for a volunteer. Please click on the following link to take you to the DHS website <https://screening.sa.gov.au/> and to request screening applications. Your Club or Association must register with the Screening Unit before you can have a person screened.

At this stage, any police check certificates that have been issued by SA Police to your volunteers prior to 1 November 2018 are still valid until their three-year expiry period. The same process applies for your Club or Association for ensuring that any volunteers in your organisation engaging with children and vulnerable people have a valid police check or DHS check prior to being appointed.

If you have any questions regarding DHS Screenings, please contact your Association or Netball SA's Stakeholder Relations Team.

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CSP CENTRE MID-SEASON SURVEY

Netball SA have developed a Coloured Shirt Program Centre Mid-Season Survey.

The purpose of the survey is to remain in continuous contact with Coloured Shirt Program Centres throughout the season, particularly mid-way through the season to see how the program is running and if any further assistance is required.

The Mid-Season Survey allows Netball SA to communicate with any centres that may require further assistance with the program prior to the end of the year. The survey also allows Netball SA to track the progress of the program, centre and participants.

The Survey consists of 4 pages totalling 16 questions overall.

Associations and Clubs can complete the Mid-Season Survey by using the following link:

<https://www.surveymonkey.com/r/3VJZDM7>.

Netball SA *requests* Association's and/or Club's that run the Coloured Shirt Program to complete the Mid-Season Survey.

CSP CENTRE END OF YEAR SURVEY

Netball SA have made the Coloured Shirt Program Centre End of Year Survey to be available to be completed online.

Originally the ORSR evaluation document was emailed to Associations and Clubs to complete at the end of each year.

In 2019 the ORSR evaluation was combined with Netball SA questions to ensure all information is retrieved for ORSR and Netball SA to effectively review the program each year and make changes where appropriate.

The survey consists of 4 pages totalling an overall of 20 questions.

Associations/Clubs can complete the End of Year Survey by using the following link:

<https://www.surveymonkey.com/r/3CB723Z>.

Netball SA expects each Association or Club that run the Coloured Shirt Program to complete the End of Year Survey.

CSP UMPIRE SURVEY

Netball SA have developed an Umpire Survey.

Netball SA requires all umpires participating in the Program to complete the Umpire Survey after completing the Coloured Shirt Program for the year.

The aim of the Umpire Survey is for the participants to be able to provide feedback directly to Netball SA regarding their involvement in the program as an umpire. The results of the survey will assist Netball SA to review the Coloured Shirt Program and make appropriate changes where required.

The Umpire Survey consists of 11 questions relating to the Umpire's experience in the program.

Umpires can complete the survey using the following link: <https://www.surveymonkey.com/r/F5GCGJ2>.

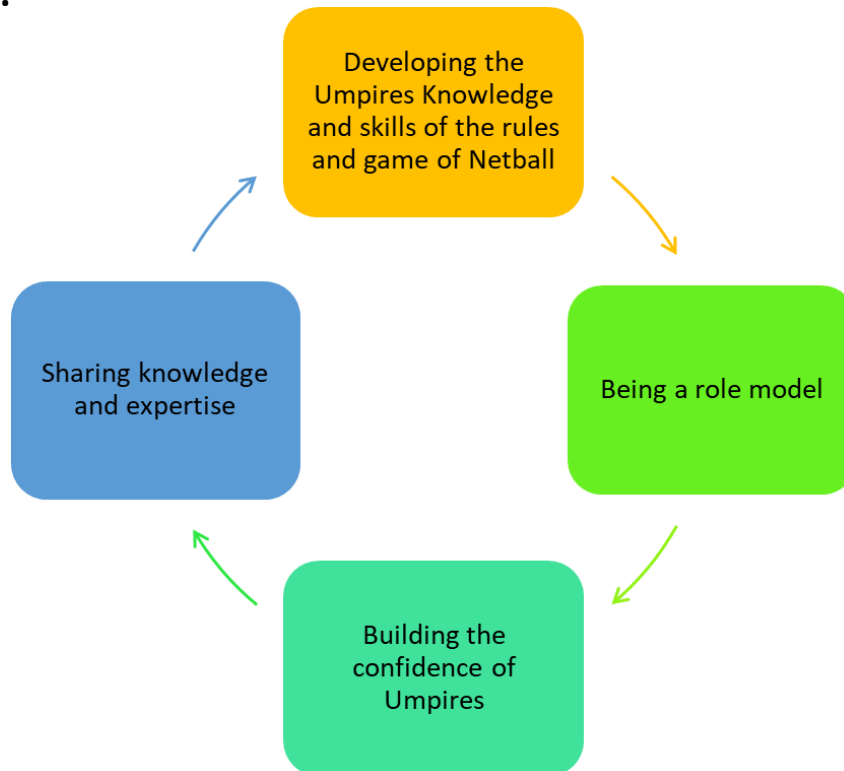
Netball SA expects all umpires that participate in the Coloured Shirt Program to complete the Umpire Survey.

MENTOR INFORMATION

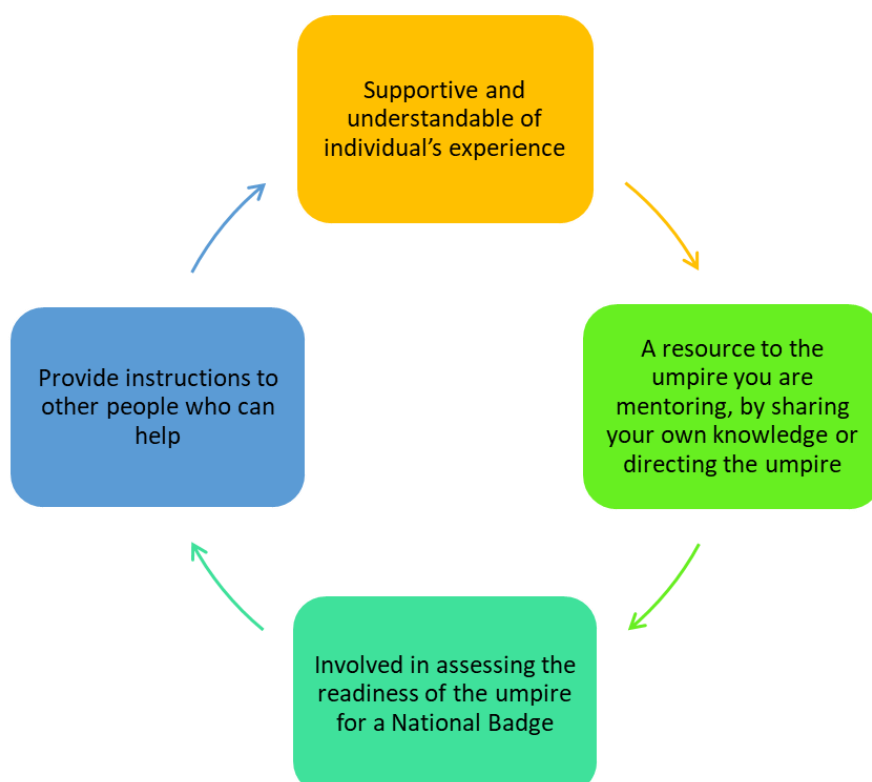


WHAT IS MENTORING?

Mentoring is:



A Mentor needs to be:



WHEN CAN MENTORING OCCUR?

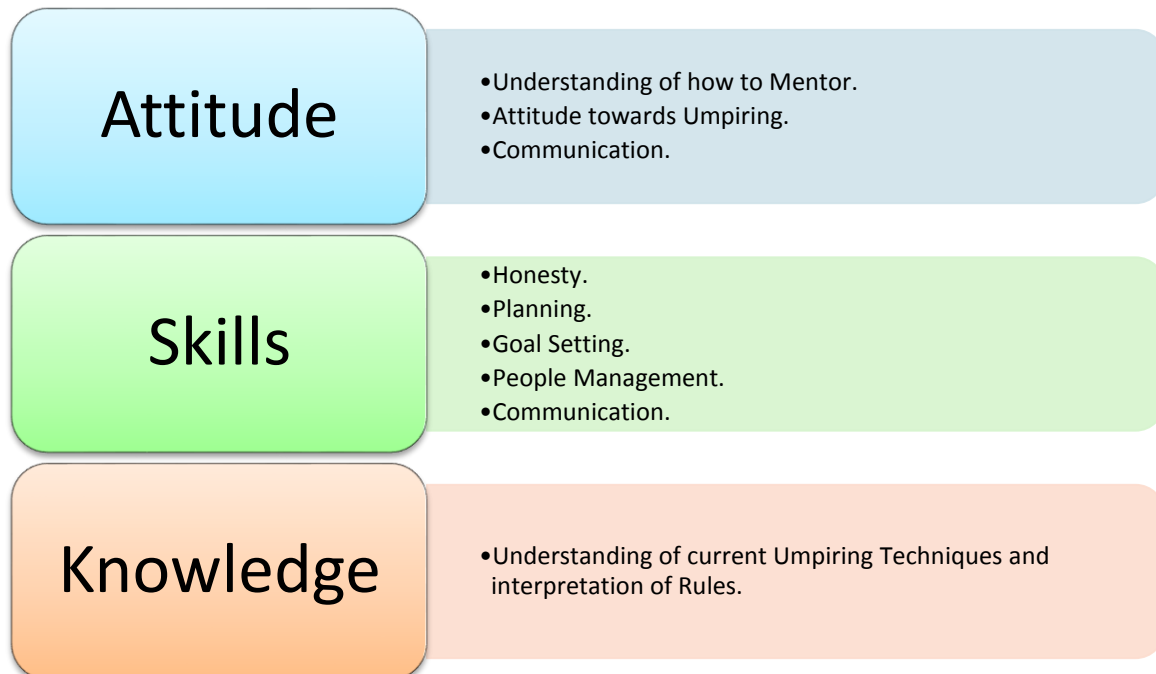
Mentoring can occur at any stage of the development and accreditation process. It can become the key development tool for umpires progressing onto the Umpire Pathway.

Opportunities for mentoring include:

- **At Training** – A mentor should attend some of the umpire's training matches at Association or Club level. Training matches provide the mentor with an opportunity to mentor the umpire during match time with feedback relating to positioning, vision and timing whilst providing positive feedback to ensure the umpire is confident.
- **At Matches** – Mentors can mentor during intervals or at the end of the match. However, you must always consider the effect that any mentoring will have on the performance of the umpire during the match. Also provide written feedback after their games. This is vital early in the development of a Coloured Shirt Program Umpire as they can review the feedback in their own time and prior to their next game.
- **Coloured Shirt Program Training** – Coloured Shirt Program Mentors can run Training Sessions which may involve the teaching of theoretical and practical components of umpiring. Suggestions of what to include in a Training Session can be found in the Participant Resources section.

QUALITIES OF A MENTOR

Any person could be a mentor but to be effective mentor it is important they have the following qualities:



Some other qualities mentors should possess are:

- An ability to focus on the umpiring process, rather than on the umpire's performance;
- A willingness to assist another umpire's development and growth and create a positive environment for learning;
- Exemplary communication and feedback skills;
- Sufficient time to commit to the mentoring relationship and be accessible; and
- Ability to handle conflict situations.

WHAT ARE THE BENEFITS OF MENTORING?

There are several benefits to mentoring Coloured Shirt Program Umpires, these include:

- Mentors are experienced umpires who can use their experience to help with the development of new or inexperienced umpires;
- Mentoring a beginning or learning umpire can rejuvenate experienced umpires and give them a new focus and role within the Club or Association;
- Umpires who were mentored as beginning or learning umpires are more likely to do the same when they have substantial experience;
- Mentoring beginning or learning umpires can give them the courage to progress to the next level, thus strengthening and retaining umpires in your Club or Association;
- Mentoring can give a renewed enthusiasm and commitment to your own umpiring;
- Recognition for your expertise and skills;
- Mentoring a beginning or learning umpire can give the opportunity to learn something new;
- Mentoring can increase your personal confidence and motivation in umpiring; and
- Mentors can provide assistance to Coloured Shirt Umpires in translating theory into practice.

GUIDE TO MENTORING

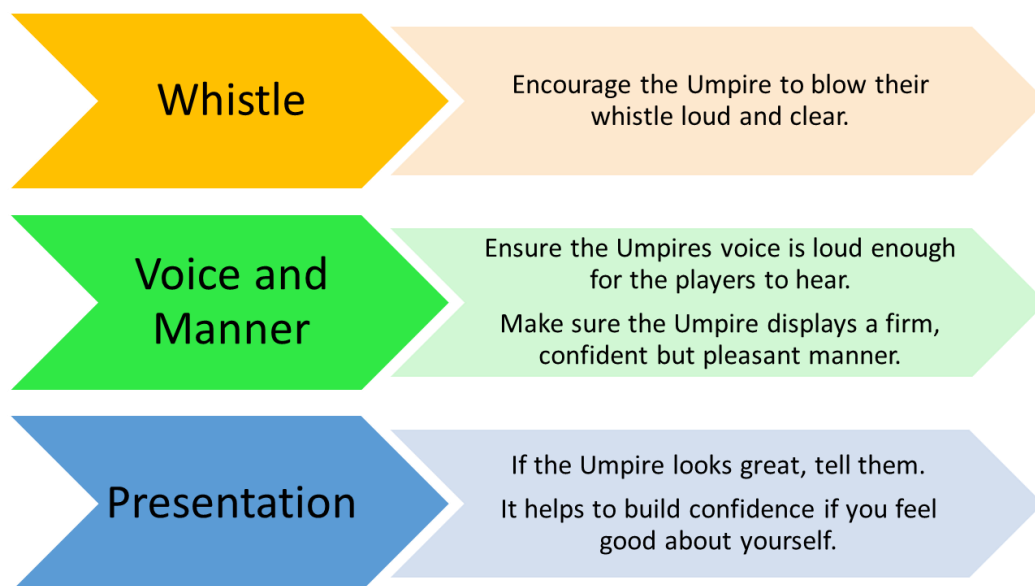
Thank you for giving your time and sharing your knowledge to assist in the development of Coloured Shirt Umpires. The following information is provided to give you some guidance.

Introduce yourself to the Umpires you are observing, give them encouragement and let them know you are there to support them.

When mentoring a Coloured Shirt Program Umpire ensure that you are looking at the following 3 areas:

1. Presence;
2. Techniques; and
3. Decision Making.

1. Presence:



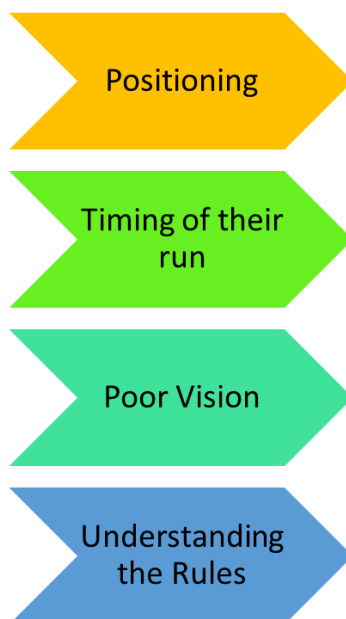
GUIDE TO MENTORING

2. Techniques:



3. Decision Making:

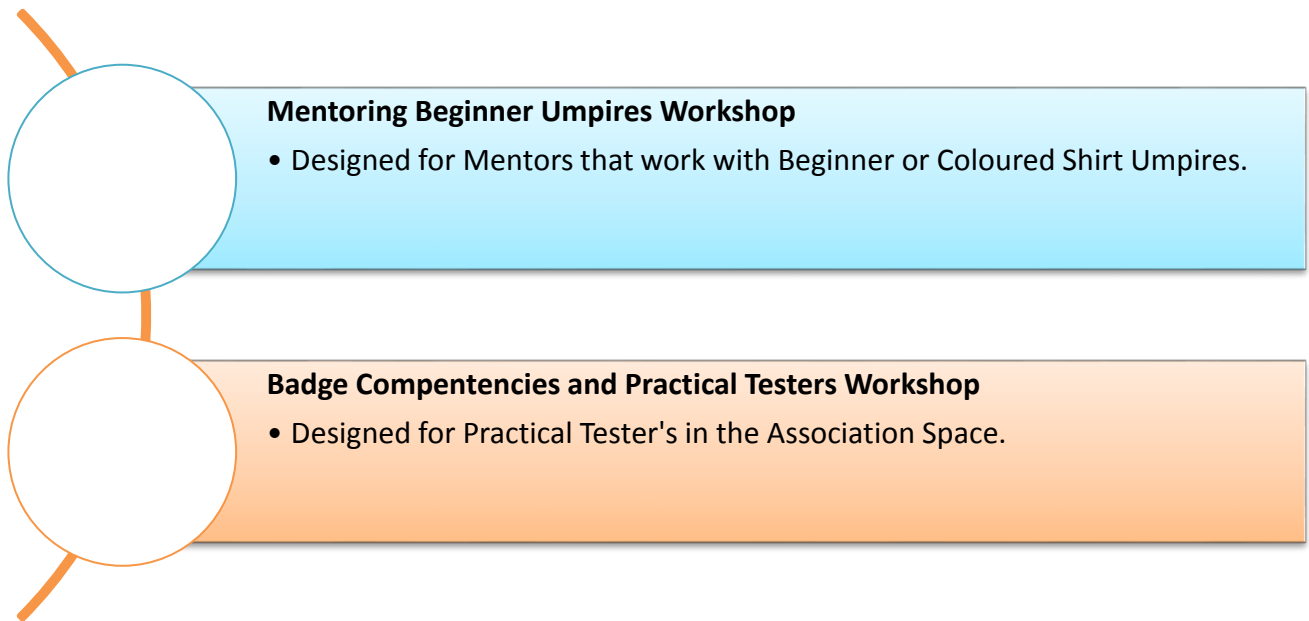
Consistency is important at any level. If decisions are inconsistent have a look at why - is it their:



Discuss these aspects with the Umpire in a positive way.

DEVELOPMENT WORKSHOPS

Netball SA offer Development Workshops to upskill Association personnel. Please see workshops offered below.



For more information on the Development Workshop please visit the Netball SA website or email umpiring@netballsa.asn.au.

PARTICIPANT INFORMATION



LETTER TO PARTICIPANTS

Congratulations! As a newly trained Sports Official your contribution to Netball SA and Netball as a sport is vital, and very much appreciated.

The Coloured Shirt Program is designed to assist everyone involved in Netball to identify and support new officials. The program, which is supported by the Office for Recreation, Sport and Racing and partnered with Netball SA aims to support and retain new officials.

The Coloured Shirt Program aims to enable you to develop your officiating skills in a more supportive environment, one free of harassment and where you are able to develop your skills without the fear of making mistakes.

The Coloured Shirt Program aims to:

- Make new officials easily identifiable, so that they are easy to recognise and support;
- Promote this program to the sports community to raise awareness and increase the recognition and support of new officials;
- Assist in reducing pressure and lessening abuse and conflict directed towards beginner officials; and
- Create a culture of support towards these new officials via the education of players, spectators, coaches and the media about Codes of Conduct and Play by the Rules.

Now that you have completed an introductory level of officiating training, you are invited to wear the Coloured Shirt when you officiate. When you are ready, you can move on to further training and gain accreditation as an official and your coloured shirt can be retired!

Netball SA will keep in contact with you about any further support or training opportunities. In the meantime, you might want to check out the following websites and resources:

www.playbytherules.net.au

www.beactive.com.au

www.recsport.sa.gov.au

Best wishes for your journey as an Official!

CHECKLIST FOR COLOURED SHIRT PROGRAM

UMPIRES

Participant's Name:

Date:

Task/Activity	Date completed		Comments
Coloured Shirt distributed			
Participant Coloured Shirt Information distributed (worksheets)			
Rules of Netball Theory Exam		%	
Foundation Umpire Education Course			
Participant match to a mentor(s)			
CSP Umpire Survey			
Follow up training sessions			
Feedback from athletes, coaches and officials re participants			
Exit survey if participant stopped officiating			
Updated information to Coloured Shirt Program Records			

Comments (if any):

PARTICIPANT SELF EVALUATION RESOURCE

An umpire should be their own best critic. After each game there should be a post-game SELF EVALUATION and performance check. Please use the following criteria as your assessment guideline:

WHEN I UMPIRED TODAY, Did I:

Umpire in a fair and neutral manner?	YES / NO
Favour one team or the other for any reason?	YES / NO
Use the advantage rule well?	YES / NO
Allow fair contest?	YES / NO
Have a good rapport with the players?	YES / NO
Keep a wide vision throughout the game?	YES / NO

Did I Umpire with:

Confidence?	YES / NO
Consistency?	YES / NO

Communicate effectively:

Using the correct Rule Book terminology?	YES / NO
Using meaningful and accurate signals?	YES / NO

Did I Concentrate for:

The whole game?	YES / NO
Concentrate on certain players more than others?	YES / NO
Give more decisions in one area of the court than another?	YES / NO

Did I Position well:

Down court in relation to play?	YES / NO
Behind the goal line?	YES / NO

Did I Delay play because:

I was too slow getting back to the centre?	YES / NO
My decisions were too lengthy?	YES / NO
My setting of penalties was ineffective?	YES / NO

In my next game the following are things I would like to prioritise as a focus for improvement:

COLOURED SHIRT UMPIRE FEEDBACK SHEET

Participant's Name:

Date:

UMPIRING TECHNIQUES:	
Positioning	Timing
Vision	Quickness of Reactions
Setting of Penalties	Control
Communication and Signals	General Comments

DECISIONS:	
Minor	Major
Advantage	Main Points Discussed

MATCH REVIEW RESOURCE

ASSOCIATION _____

MATCH _____ V _____

GRADE _____ DATE _____

Behaviour Rating (circle)

TEAM 1: _____	ABUSIVE	SOME ABUSE	NOT NOTICED	SOME SUPPORT	SUPPORTIVE
PLAYERS	1	2	3	4	5
COACHING PERSONNEL	1	2	3	4	5
CLUB OFFICIALS	1	2	3	4	5
SPECTATORS	1	2	3	4	5
CLUB OVERALL	1	2	3	4	5

TEAM 2: _____	ABUSIVE	SOME ABUSE	NOT NOTICED	SOME SUPPORT	SUPPORTIVE
PLAYERS	1	2	3	4	5
COACHING PERSONNEL	1	2	3	4	5
CLUB OFFICIALS	1	2	3	4	5
SPECTATORS	1	2	3	4	5
CLUB OVERALL	1	2	3	4	5

Comments (if any):

Please return to:

FEEDBACK ON YOUR MENTOR

Participant's Name:	Date:
Mentor's Name:	

Question	Comments
Did you find your mentor was available when needed?	
Were you comfortable approaching your mentor with questions?	
How often were you in contact with you mentor?	
Was your mentor able to provide you with information regarding your next level of progression in officiating?	
Did you have a formal mentoring agreement (set dates, paperwork recorded etc.) or an informal arrangement (general chat when appropriate)?	
Were you able to set goals with your mentor and have assistance from them in achieving them?	

Do you have any general comments?
Comments (if any):

WHERE TO FROM HERE?

This template is to facilitate a discussion between the mentor and umpire focussing on identifying short and long-term goals, and the resources to be identified to support these.

Name of CSP participant:	Date:
--------------------------	-------

Name of Mentor(s)	
Short Term Goals (this season)	
What resources, training or support can be identified to help achieve these?	
Long Term Goals (next 2 years)	
What resources, training of support can be identified to help achieve these?	

Do you have any general comments?

Comments (if any):

GOAL SETTING

Name: _____

Date: _____

What feedback are you working on in your next 1-3 games?

What are your Short-Term Goals (this season) with your umpiring?

What are your Medium-Term Goals (next season) with your umpiring?

What are your Long-Term Goals (2 years) with your umpiring?

PERSONAL DEVELOPMENT PLAN

Name:

Date:

Officiating Background

Date entered CSP:

Number of Games/Competitions Officiated?

Further Training completed?

Relevant experience from sport/work/life?

Where to from here?

What motivates you to umpire?

What are your strengths as an umpire?

What are your weaknesses as an umpire?

Identify one goal, which could build on your strengths?

Identify one goal, which could minimise your weaknesses?

Future Pathways

What programs or activities can you identify that may match your pathway needs?

NATIONAL C BADGE COMPETENCIES

Netball SA recommends Coloured Shirt Program Participants work towards attaining their National C Badge after their 2 years in the Program.

To align with this the Mentor should ensure the participant is working to meet the National C Badge Competencies. This will also assist the umpire on their journey.

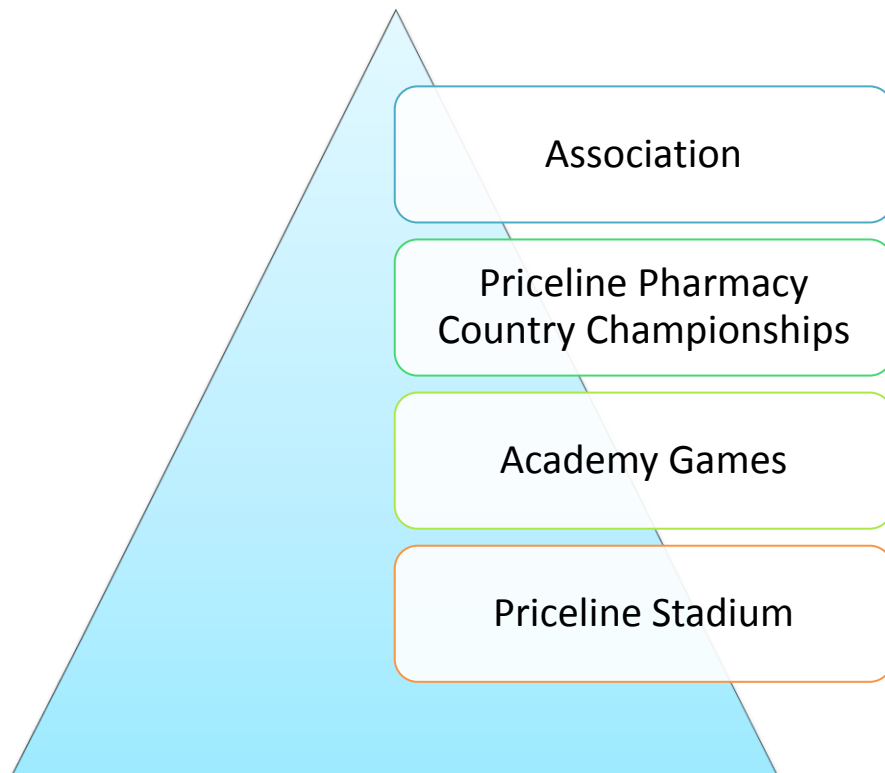
To view the National C Badge Competencies please utilise the following link: <https://bit.ly/2OMABLt>.

PRACTICAL TESTING OPPORTUNITIES

Umpires are required to meet the pre-requisites of the respective badge levels and be a current registered member of Netball SA. It is the responsibility of the umpire wishing to be tested to make sure they meet these pre-requisites. To check pre-requisites please visit the Netball SA Website (<https://sa.netball.com.au/participate/umpires/accreditation/>).

To organise a Testing Date please contact your Association Umpire Coordinator.

Umpire Practical Testing's can take place at the following events/locations.



PARTICIPANT EXIT SURVEY

Participant's Name:	Date:
Date started officiating:	Date Stopped officiating:
Initial reason for officiating:	
Competition and grade officiated:	

Please indicate the reason/s you are no longer able to officiate by ticking the appropriate boxes below;

- ☐ Further training is too expensive
- ☐ Family Commitments
- ☐ Not enough support by Club/Association when conflict arises
- ☐ Moving away
- ☐ Match times are unsuitable
- ☐ Lack of confidence
- ☐ Feel efforts are not valued
- ☐ Lack of respect by players and coaches
- ☐ Lack of access to training
- ☐ No longer interested
- ☐ Not paid enough
- ☐ Work commitments
- ☐ Feel I'm not suited to officiating
- ☐ Other? (Please Comment)

Do you have any general comments?

Comments (if any):

COURSES AND ACCREDITATION



PLAY BY THE RULES

As a Coloured Shirt Program Umpire, the ORSR and Netball SA requires each umpire to complete Play by the Rules online training module “Child Protection, Harassment and Discrimination Course.”

The free course features four modules which provides information on:

- What discrimination, harassment and child abuse is;
- Your rights and responsibilities under equal opportunity and child protection laws;
- How the laws apply to sporting organisations, clubs, their employees and volunteers when, where and how to report incidents; and
- How to establish a welcoming and inclusive environment at your Association or Club.

The online training is short, user-friendly and features case studies, practical scenarios and a quiz. The modules may be done in part or all at once.

Users who successfully finish the modules and their assessment quizzes can print a certificate of completion. This certificate then needs to be given to either Coloured Shirt Program Mentor or Liaison for their records as this is a requirement of participating in the Coloured Shirt Program.

To complete the Play by the Rules online training module please go to:

<https://www.playbytherules.net.au/online-courses>



NETBALL SA COACHES AND UMPIRES ASSOCIATION

To participate in a Netball SA Affiliated Association competition and/or development courses and pathways, you must be a registered member of Netball SA. To be a registered member of Netball SA you must be one of the following:

- A registered Player; or
- A registered member of the Coaches and Umpires Association.

Netball coaches, umpires and bench officials can become a Netball SA member by registering with the Netball SA Coaches and Umpires Association for a nominal fee each year. This fee is paid directly to Netball SA.

As a member of the Coaches and Umpires Association you will receive up to date information on all activities involving both umpiring and coaches such as:

- Umpiring & Coaching Courses and Workshops.
- Development Opportunities.
- Netball SA Events.

Membership categories that can be registered are:

- Coach.
- Umpire.
- Bench Officials.
- Team Managers.
- Committee Members.

To become a member of the Coaches/ Umpires Association, go to <https://sa.netball.com.au/coaches-and-umpire-association>.

For more information on the Netball SA Coaches and Umpires Association please contact Netball SA on (08) 8238 0500 or umpiring@netballsa.asn.au

RULES OF NETBALL THEORY EXAM

To be a part of the Coloured Shirt Program, it is a requirement that all participants complete the Rules of Netball Theory Exam prior to completing their first year in the program.

Rules of Netball Theory Exam is a part of the National Umpire Accreditation System and tests the basic rules of the game.

A Rules of Netball Theory Exam pass is a pre-requisite for obtaining a National C Badge, the introductory level umpire accreditation.

The exam is an online exam that takes approximately one hour to complete and is accessible all year.

A certificate will be generated for participants that achieve a pass (70% or above). Netball SA registered members will have their result recorded on the national database, MyNetball.

It is recommended that umpires sit the exam once a year/season to update on the Rules of Netball. The most recent exam mark is the current result.

It is highly recommended that prior to commencing the exam you read a copy of the Official Netball Rule Book 2018 Edition which can be purchased from the Netball SA online store:

<https://netballsa-shop.com.au/>

To access the Rules of Netball Theory Exam please use the following link:

<https://sa.netball.com.au/participate/umpires/accreditation/rulesofnetballtheoryexam/>.

FOUNDATION UMPIRE COURSE

Coloured Shirt Participants **MUST** complete the Foundation Umpire Course in their second year in the program (if not already completed).

The Foundation Umpire Education Course has been designed to assist umpires in achieving the necessary skills and knowledge to be an effective umpire.

The course contains the following five modules:

- A good umpire;
- Getting started;
- Umpiring techniques;
- The rules in action; and
- Where to now?

The Foundation Course is an online course that is accessible all year round.

The Foundation Umpire Course is a pre-requisite for obtaining a National C Badge.

A certificate will be generated upon successful completion of the course.

To access the Foundation Umpire Education Course or for more information please use the following link:
<http://sa.netball.com.au/foundationumpireeducationcourse/>.



FOUNDATION UMPIRE COURSE
PROVIDING YOU WITH THE NECESSARY SKILLS AND
KNOWLEDGE TO BE AN EFFECTIVE UMPIRE

ENROL NOW AT MYNETBALL.COM.AU
OR VISIT NETBALL.COM.AU/UMPIRING

COLOURED SHIRT UMPIRE PROGRESSION

Year 1

- Start umpiring practice matches and low grade matches.
- Complete the Rules of Netball Theory Exam.
- By mid to end of the Season have progressed to a higher grade than at the start of the Season.

Year 2

- Complete the Foundation Umpire Education Course.
- Begin to focus on the areas of a National C Badge.
- Umpire a higher age group (e.g. Under 15s and 17s).
- Registered Member of Netball SA Coaches and Umpires Association.
- Attempt National C Badge Testing.

Coloured
Shirt
Program –
Year 1

Umpire
Matches

Rules of
Netball
Theory
Exam

Coloured
Shirt
Program –
Year 2

Foundation
Umpire
Education
Course

Umpire
Matches

National C
Badge
Testing

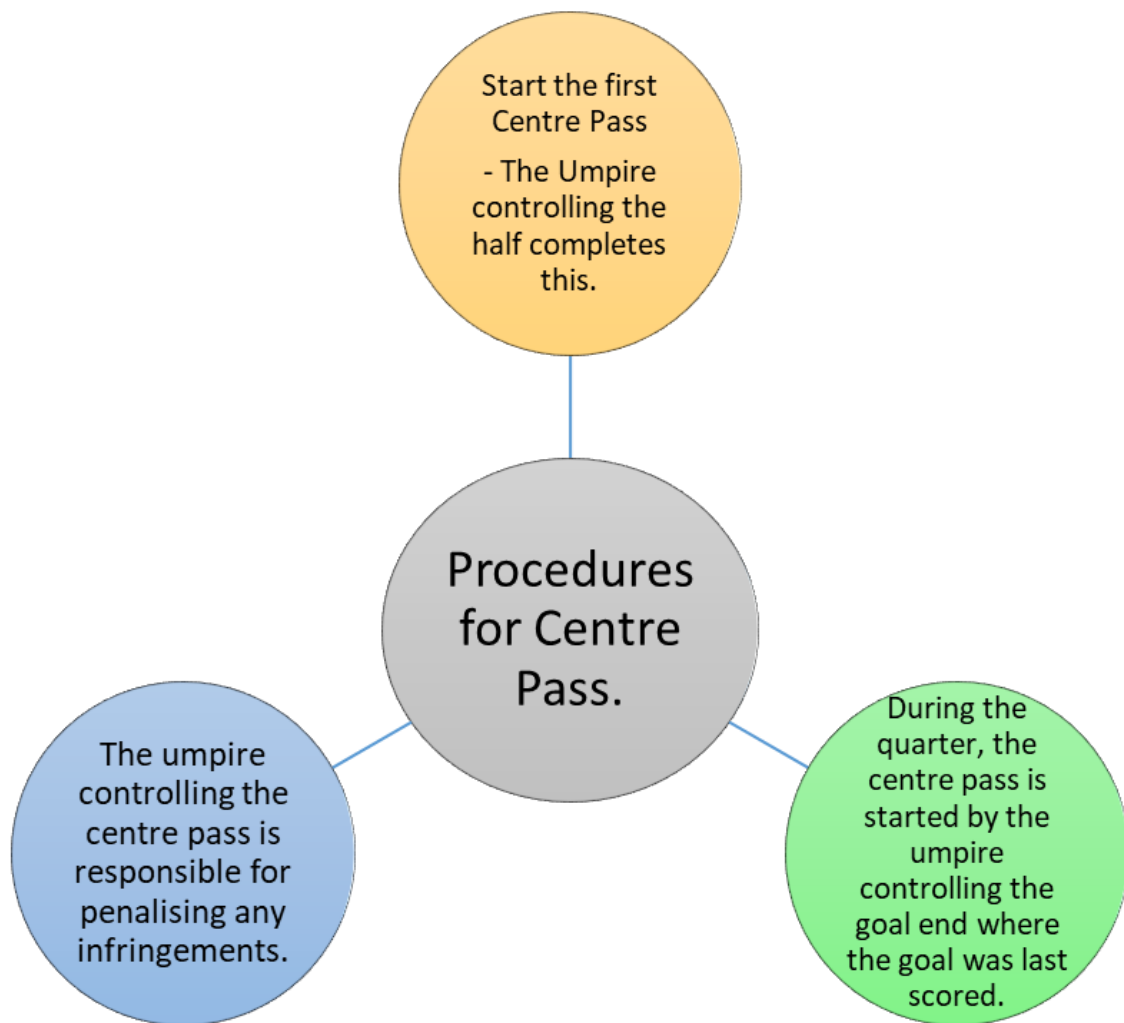
PARTICIPANT RESOURCES



MATCH PROTOCOLS AND PROCEDURES



MATCH PROTOCOLS AND PROCEDURES



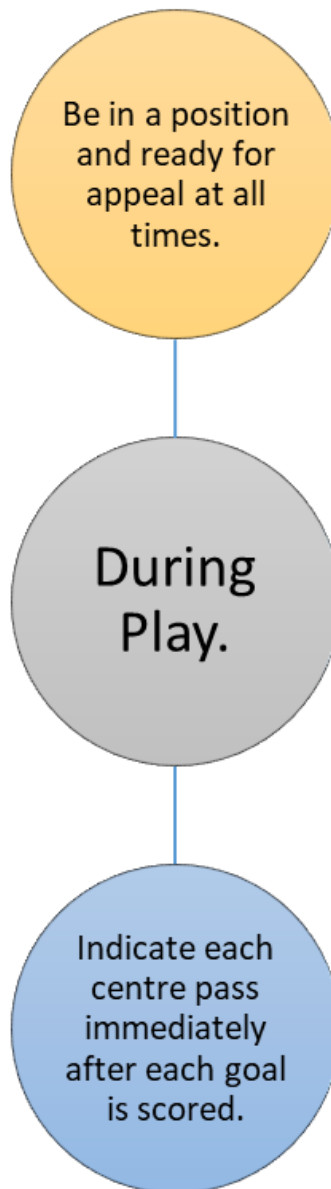
MATCH PROTOCOLS AND PROCEDURES



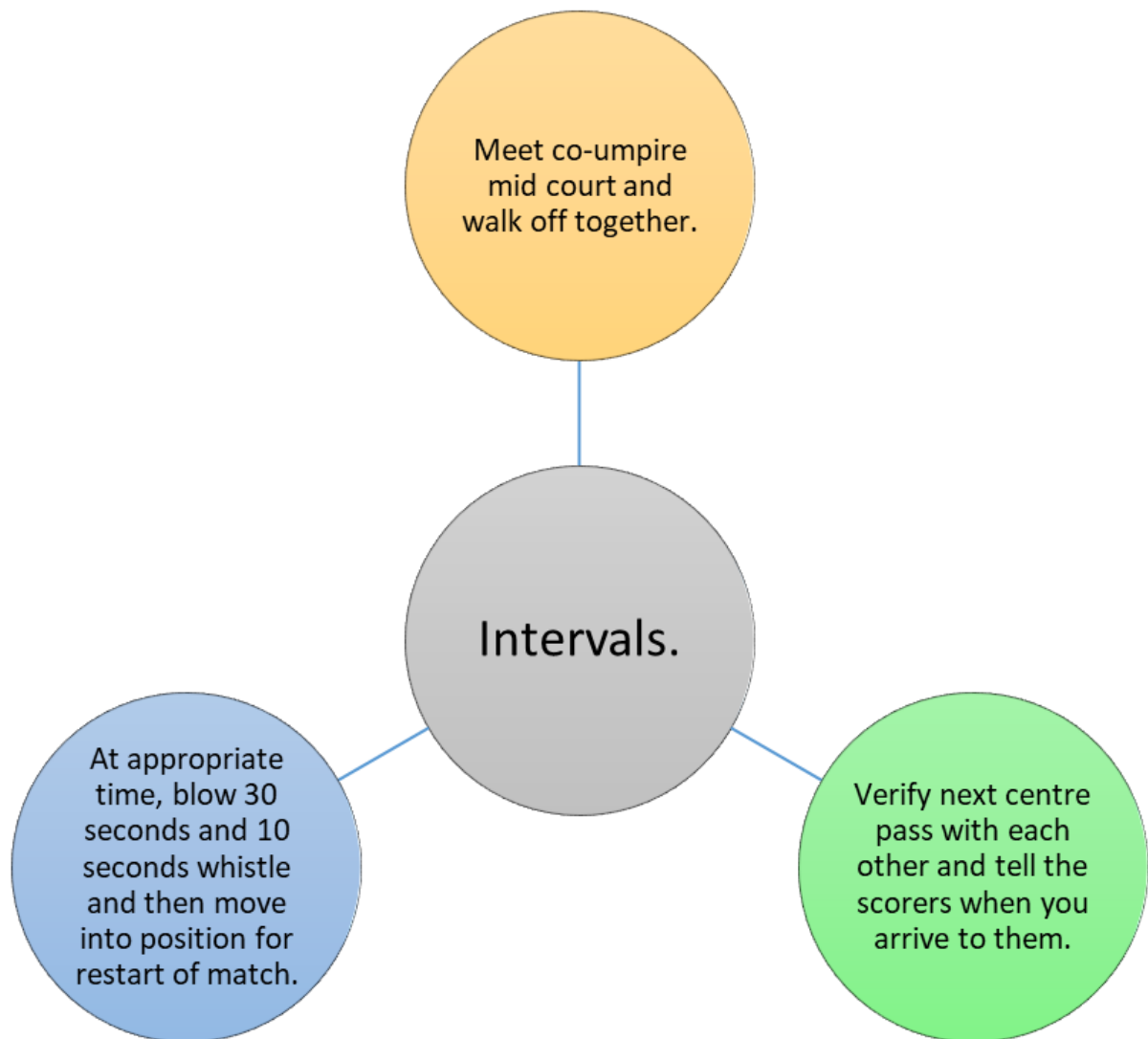
MATCH PROTOCOLS AND PROCEDURES



MATCH PROTOCOLS AND PROCEDURES



MATCH PROTOCOLS AND PROCEDURES



PARTICIPANT WORKSHEETS



WHISTLE

Remember to be confident when blowing your whistle and directing players.



An Umpire's Whistle shall signal:

1. _____
2. _____
3. _____
4. _____
5. _____

What procedure should the umpire follow, after blowing the whistle for an infringement?

What are the three different whistle signals? What is each whistle signal used for?

1. _____
2. _____
3. _____

When blowing your whistle, what techniques should you use?

When it is appropriate for an Umpire to use a different whistle and tone of voice?

When an Umpire indicates time, what whistle signal and hand signal should the umpire use?

Umpire Coaching Tip: Make sure your whistle has a good quality finger-grip and always carry a spare.

SANCTIONS

What are the two Sanctions that are awarded as a result of an Infringement occurring?

What is the Rules of Netball definition of Minor Infringement and Major Infringement?

Minor Infringement:

Major Infringement:

What is the difference between a Major and Minor Infringement?

What sanction is awarded for:

Minor Infringement:

Major Infringement:

How many people does a Free Pass and a Penalty Pass involve?

Free Pass:

Penalty Pass:

Why is it important to know which sanction applies to which infringement?

FREE PASS

Which infringements, when penalised, result in a Free Pass being awarded:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____

Who can take the Free Pass?

Where is the Free Pass taken?

Umpire Coaching Tip: A Goal Attack or Goal Shooter taking a Free Pass in the Goal Circle **may not** shoot for goal.

PENALTY PASS

Which infringements, when penalised, result in a Penalty Pass being awarded:

1. _____
2. _____
3. _____
4. _____
5. _____

Who can take a Penalty Pass?

Where is the Penalty Pass taken?

Does a player have to wait for the infringing player to stand out before continuing play? Why/why not?

When the infringing player is standing out of play, are they allowed to move or talk? Yes / No

Umpire Coaching Tip: A Goal Attack or Goal Shooter taking a Penalty Pass in the Goal Circle **may** either pass or shoot for goal.

MINOR INFRINGEMENTS



HELD BALL

Why is it important to practice counting to three seconds?

What are two ways you can practice counting to three seconds?

1.

2.

Why does an umpire always need to be aware of the moment a player receives the ball?

What sanction is awarded for a player that does *not* release the ball within three seconds?

Do any players need to stand out of play?

Umpire Coaching Tip: Keep the player in view until they release the ball. This does not mean you watch the player the entire time they have possession of the ball, but the player must be in your vision.

PLAYING THE BALL

What is your interpretation of Playing the Ball?

Read the “Playing the Ball” Rule in your Rules of Netball Rulebook. Has this changed your interpretation of Playing the Ball? Why / Why not?

What is the sanction for incorrectly playing the ball?

May a player gain control of the ball if it rebounds off the goal post? Yes / No

May a player throw the ball while lying, sitting or kneeling on the ground? Yes / No

May a player drop the ball and replay it? Yes / No

May a player tip the ball in an uncontrolled manner into the air more than once? Yes / No

Umpire Coaching Tip: An umpire must know and understand what a player may do to play the ball and the skills involved. Determine when a player gains possession of the ball – a player may have possession with one or both hands.

FOOTWORK

May a player in possession of the ball:

Drag the landing foot? Yes / No

Slide the landing foot? Yes / No

Hop on either foot? Yes / No

Catch the ball, then jump on both feet and land on both feet before the ball is released? Yes / No

What needs to occur for an Umpire to penalise a player for Stepping?

What is the sanction for Stepping?

What is the hand signal for stepping?

May a player who has received the ball with the left foot on the ground, step with their right foot, lift their left foot and throw before the left foot is re-grounded? Yes / No

Umpire Coach Tip: Recognise the players grounded foot upon the player taking possession of the ball.

SHORT PASS

What is a Short Pass?

What is the distance a pass must be within to be infringed as a Short Pass?

What is the sanction for a Short Pass?

Where is the sanction for a Short Pass taken?

What is the hand signal for Short Pass?



OVER A THIRD

The ball must be touched or caught in each third of the court. Why is it important to know which third the thrower first landed in?

What is a key way of determining which third the ball was thrown from?

What is the hand signal for Over a Third?

A ball, thrown in from behind the goal line, is caught by a player in the same team standing in the Centre Third.

What is the sanction?

Where would it be awarded?

A ball is received by a player with both feet in one Third and, in throwing, this player moves the other foot in to another third. From which third will the ball be considered to have been thrown?

Umpire Coach Tip: Be aware of when the receiver touches or catches the ball and where they land.

MAJOR INFRINGEMENTS



OBSTRUCTION

What is the minimum distance the defending player must stand from the grounded foot of the attacking player before attempting to defend?

A player has grounded their right foot upon catching the ball and then placed their left foot on the ground. Which foot is the distance (3 feet) measured from?

If the player with the ball decides to step forward, backward or sideways on to the other foot, is the defender allowed to move to re-gain their 3 feet? Why/Why not?



A defending player is standing within 3 feet of an attacking opponent *without* possession of the ball. The defending player has their arms outstretched. This is restricting the players movement to lead for the ball. Would this player be penalised for Obstruction? (Explain your answer)

CONTACT

What is your understanding of the rule of Contact?

Where would the Sanction for Contact be taken?

For Contact to occur a player must interfere, this may be accidental or on purpose. What does interfere mean and what is an example of an interfering contact?

Is a sanction awarded against a player who accidentally knocks the ball from an opponent's hand? Why/why not?

May a player who has possession of the ball, touch or push an opposing player with it, in such a manner as to interfere with the opponent's play? Yes / No

Umpire Coach Tip: Remember when calling contact, ask yourself "what happened and why did it happen" and "who caused it to happen?"



INFRINGEMENTS, HAND SIGNALS AND SANCTIONS DRILL

Game is played in pairs.

Umpires stand stationary opposite their partner, about three feet away.

One umpire is the leader while the other is the follower.

On the Mentor's call, the leader performs a hand signal of their choice.

The follower must immediately blow their whistle, call out the Infringement it relates to and state the Sanction or action that would be awarded. For example, the leader performs the stepping hand signal. The follower must blow their whistle and call out 'Stepping, Free Pass'.

After completing 7 signals and calls, partners then change turns and repeat.

POSITIONING

Players are constantly moving, therefore you must too! As an Umpire you must be in the BEST position to SEE. Umpires are required to move along the sideline and goal line to see the play and make the best decision possible.

What do you believe are basic principles of good positioning?

If you as an umpire are in a poor position to see, what infringements may you miss?

What do you believe will help you improve your positioning?

Umpire Coach Tip: Umpires should position themselves to:

- Be with and slightly ahead of play;
- Remain square to the court;
- Be in a position to have full vision the players;
- Stand back from the line so you can see the players; and
- Keep running to be with and slightly ahead of play.

POSITIONING

POSITIONING DRILL

From the Centre Circle to the Goal Line, place seven sets of cones in pairs at varying distances, see example below. Some of these distances must be exactly 3 feet, some under and some more than.

Umpires take it in turns to be the umpire who “controls the half” where the cones are laid out.

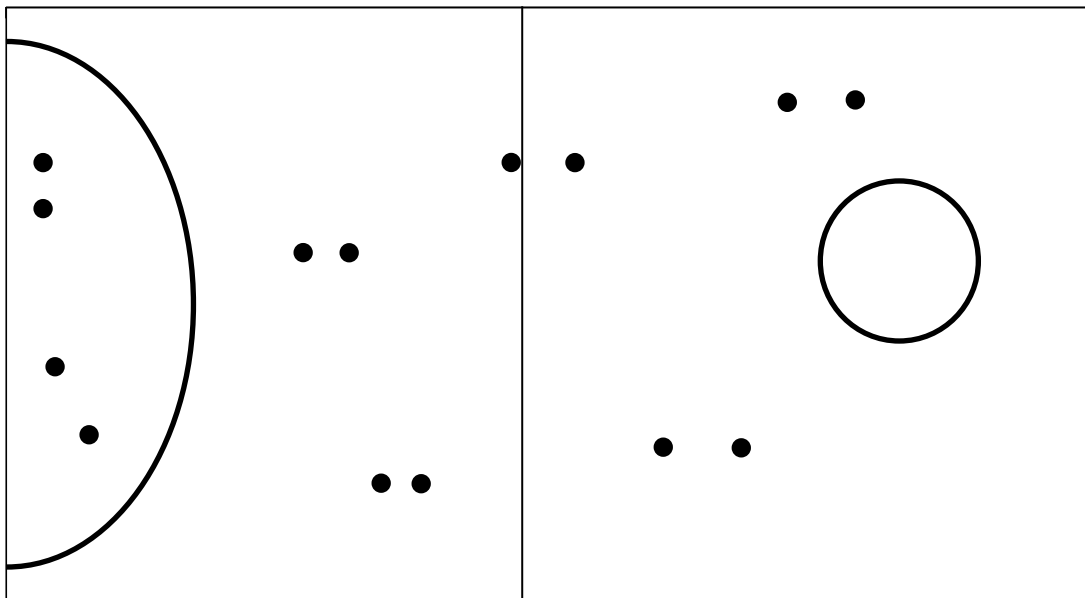
The umpire is to start at the Centre Circle and use the correct hand signal to start play.

The Mentor starts the stopwatch. The umpire has 21 seconds to move along the sideline and on to the goal line while making one of three calls at each set of cones, ‘short’, ‘long’ or ‘correct’.

When the umpire has made their final call, they blow their whistle and signal for end of play.

At this point the stopwatch stops and the Umpire is informed on their correct number of calls.

To increase difficulty: request players stand at each set of cones. One player is to be the attacker and the other the defender.



VISION

Positioning and Vision work closely together when it comes to Umpiring. Where you position yourself will affect how much of the play you will see and ultimately what calls you will make.

Umpires must use their Vision to look **Wide, Often** and **Early**.

An Umpires decision is based on and influenced by what, when and where.

- What we see;
- When we see it; and
- From where we see it.

When Umpiring:

What do you think you should be looking at?

When do you think you should be looking?

Where do you think you should be looking?

Why is it important for umpires to look wide, often and early?

Umpire Coach Tip: Working on your peripheral vision is one of the most important techniques an Umpire can develop.

COLOURED CARD DRILL

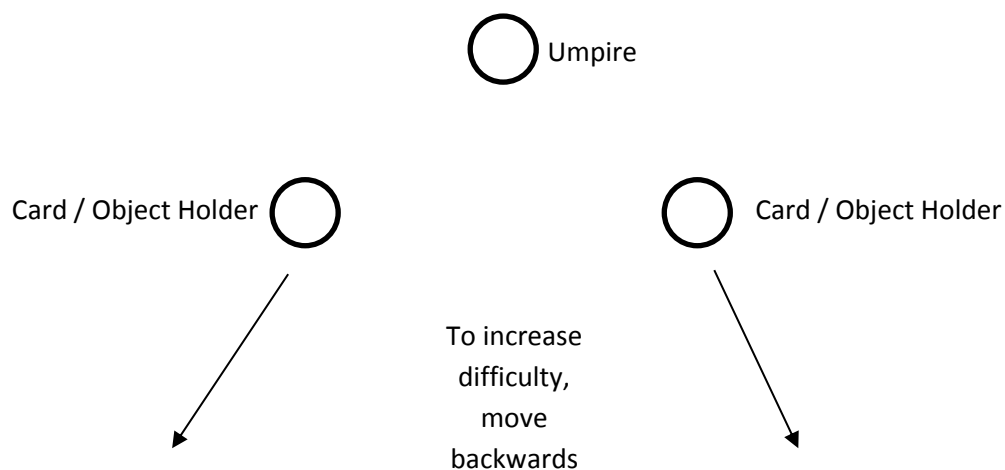
Testing Peripheral Vision

Divide the umpires into groups of three. Two umpires are provided with a pack of coloured cards (Netball items can be utilised as a replacement, i.e. bibs). The umpires stand approximately 2–3 metres to the left and right sides of the third umpire, at about a 45-degree angle.

The umpire stands facing forward ready to make their call. Each umpire takes it in turn to 'flash' their coloured card (or bib). When visualised, the umpire needs to call out what colour it is (or position if using bibs). It is important that the umpire doesn't turn their head to see the object—they need to remain facing forward.

After approximately 3-4 successful calls, the two umpires with the cards move to narrow the angle to around 60 degrees, making it harder for the umpire to see.

Repeat the process and have the umpire's step back again if all the calls are correct. Keep going until the calling umpire can't make any successful calls then swap turns.



As an Umpire, it is important to maintain a good level of fitness. Why is that?

What Umpiring techniques require you to maintain a good fitness level?

What are two activities you can do to maintain your fitness?

1.

2.

FITNESS SESSION

Warm Up: Jog 3 lengths of the Netball Court. Stretch.

Cardio:

- 1/3 Court length Sprint
- Recover – Walk back to goal line
- 2/3 Court length Sprint
- Recover – Walk back to goal line
- Court length Sprint
- Recover – Walk back to goal line

Strength:

- Heel Taps x 20 each leg
- Walking Lunges x 12 each leg
- Supermans (Floor) x 20 each side
- 1 min Ab Hold
- Push ups x 15
- Mountain Climbers x 20 each leg
- Ab Bikes x 20 each side
- Squats x 20

Complete **two** rounds of Cardio and Strength.

COMMUNITY UMPIRE TOOLKIT

The Community Umpire Toolkit is a resource designed to assist umpire convenors and umpire coaches (umpire educators) to teach the rules of netball in a fun and interactive way. The toolkit provides nationally developed, contemporary resources aimed at supporting and complementing existing introductory or beginner umpiring programs and initiatives.

The Community Umpire Toolkit provides many opportunities to incorporate the activities into existing programs or develop an introduction to the umpiring program for the first time.

The Community Umpire Toolkit has been developed with two key objectives in mind:

- To provide umpires with a basic knowledge of the rules of the game and umpiring techniques through the provision of fun and engaging classroom-based activities.
- To provide umpires with the opportunity to apply the rules of the game and practise their umpiring techniques in a safe and supportive games-based environment.

The Community Umpire Toolkit is not a course or structured program and does not replace the Foundation Umpire Course, but rather to support the development of the beginner umpire in a fun and interactive environment and complement the learning and development journey.

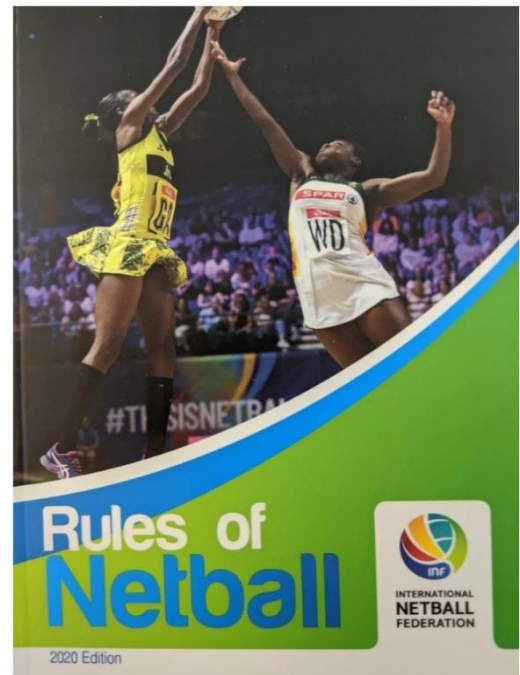
To access the free resources provided by Netball Australia please use the following link:

<http://netball.com.au/community-umpire-toolkit/>.

UMPIRE RESOURCES



ACME Thunderer Finger Grip Whistle



Rules of Netball 2020 Edition

To purchase Umpire Resources please visit the Netball SA shop via the website:

<https://netballsa-shop.com.au/collections/umpire-resources>.

PROGRAM RESOURCES

UMPIRES CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements regarding your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as an umpire.

1. Provide a safe environment so that everyone involved can enjoy the game.
2. Maintain professionalism through dress code, equity and punctuality.
3. Be current with umpiring procedures and protocols and apply them effectively and efficiently.
4. Enjoy yourself and enjoy what you do.
5. Develop a rapport with the players.
6. Don't allow team issues and sideline distractions to affect your umpiring – stay focused.
7. Treat everyone involved in the game, as you would like to be treated.

For the following Codes of Behaviour:

- Coaches;
- Spectator;
- Junior Player; and
- Senior Player.

Please visit the respective page on the following website: <https://sa.netball.com.au/policies>

NETBALL SA INTIMIDATION & HARASSMENT POLICY

Associations will already have policies and procedures in place to handle Intimidation and Harassment of officials. If you do not have a policy in place, we encourage you to consider the policy Netball SA adopts at Priceline Stadium for the winter competition.

a) Intimidation/Harassment during a game:

- Umpire will stop the game;
- He/she will seek a member of the Association committee and/or Umpire Supervisor; and
- Association Committee member will direct the harassment to stop and will remain courtside to monitor the situation.

If there is a recurrence of the behaviour –

- The umpire will stop the game;
- He/she will once again seek a member of the Association committee and/or Umpire Supervisor; and
- The game will not continue until the harassing personnel have been removed from the vicinity of the court.

b) Intimidation/Harassment after a game:

- Umpire will submit an official complaint to the Association organising committee.

Obviously, a few untoward comments will occur in any game which amount to nothing and would be brushed aside, but continual verbal or physical harassment will not be tolerated, and no umpire should be subjected to that type of behaviour.

CREATING A SUPPORTIVE ENVIRONMENT

What will a “supportive environment” look like?

- A welcoming and friendly environment for the new official.
- Provision of a mentor or designated support person at the venue.
- Cooperation of participants to provide positive outcomes for everyone.
- Tolerance, understanding and acceptance through an education process facilitated by clubs, associations and Netball SA and reinforced with the media strategies outlined in this resource.
- Welcome to field of play/competition by lead/senior official and introduction to coaches and captains.
- Acknowledgement and positive feedback by officials of both teams prior to leaving the court.
- An evaluation process that will provide all participants with feedback on their performance.

Things that you could consider to enhance a supportive environment:

- A nominated host from the venue to greet/support the new official. (Umpire Liaison or Mentor)
- Clubs, Associations and Netball SA developing and reinforcing a policy of zero tolerance of abuse towards officials and prominently displaying CSP and Play by the Rules promotional material at venues.
- Appointment of a person at each venue to monitor and deal with issues arising from abuse of officials.

Resources

The following section contains resources to be used at club level, to support the initiatives of the Office for Recreation, Sport and Racing and Netball SA in implementing the Coloured Shirt Program.

Stewards or Match Day Coordinators

Acting as 'Good sports' monitors, who reward good behaviour and provide '*reminders*' if inappropriate behaviour is occurring.

- Educate all participants and spectators about the role of these helpers;
- Educate the participants and spectators about your Association's policies and what happens if they continue to act inappropriately; and
- Provide support to Coloured Shirt Program and their mentors in dealing with incidents of conflict.

Codes of Conduct

Associations and Club's create policies related to codes of conduct and communicated as a preventative measure.

Condition of Entry Clause

Clear codes of behaviour or expectations are displayed as a part of the condition of entry to a venue.

Accountability or Community Service Strategy

Traditionally Associations and Clubs have carried out punishment for poor behaviour via exclusion and/or via fines. Consequences for poor behaviour which benefit the sport are more useful and give offenders an opportunity to be accountable, redeem themselves and make a fresh start.

- Letter of apology to the official.
- "Community Service" – get the offender to help the club as a consequence – clean change rooms, painting, admin etc.
- Complete Play by the Rules modules.

Positive Behaviour Awards

Especially during Carnivals where good behaviour is a theme and is constantly acknowledged in public.

- Random acts of '*good sports*' prizes.
- Announcements rewarding a section of the crowd for their fair cheering.

ONLINE RESOURCES

Play by the Rules

www.playbytherules.net.au

Play by the Rules is a comprehensive website that provides the latest news, articles, events, tools and resources around safe, fair and inclusive sport. The site provides information and support for commonly occurring issues in sport. There is advice on managing risks, dealing with complaints, templates to download, fact sheets and links for further help.



Online training is available with courses in Child Protection and Harassment and Discrimination, complaints handling and Member Protection Information Officer Training. Play by the Rules is also active on Facebook, Twitter and YouTube to help keep you up to date.

Fair Enough

FAIR ENOUGH has been developed to assist sport organisations to promote respect for all participants. The message is simple and relates to everyone.

Associations and Clubs are encouraged to work with their members to determine what this means and consider how they can build a culture of respect.

Videos containing the Fair Enough message can be found on the Office for Recreation, Sport and Racing Website <http://www.ors.sa.gov.au/>.



Good Sports

www.goodsports.com.au

Good Sports is a program that supports community sporting clubs to be safe, healthy and family friendly environments.

- Highlight the club's important role in the community.
- Help clubs serve and sell alcohol within the law.
- Reduce alcohol-related problems; binge and underage drinking, abuse and violence.
- Increase club viability.

NEWSLETTER INSERTS

To participate in a Netball SA Affiliated Association competition and/or development courses and pathways, you must be a member of Netball SA.

The Office for Recreation, Sport and Racing and Netball SA strongly encourage Clubs and Associations to use these newsletter inserts to assist in the promotion of the Coloured Shirt Program in your Club and Association.

#1

Have you noticed some of our umpires wearing green shirts?

That is due to [Insert Club or Associations Name]'s involvement with the Office for Recreation, Sport and Racing and Netball SA's Coloured Shirt Program which is aimed to:

- Make new officials easily identifiable, so that they are easy to recognise and support.
- Promote this new program to the sports community to raise awareness and increase the recognition and support of new officials.
- Assist in reducing pressure and lessening abuse and conflict directed towards new officials.
- Create a culture of support towards these new officials via the education of players, spectators, coaches and the media.

#2

The aim of the Coloured Shirt Program is to make all beginner/inexperienced officials easily recognisable to all players and spectators with the objective being that people will identify that these officials are "learners" and will be tolerant of mistakes.

Your support is needed to ensure that [Insert Club or Associations Name] can have a high retention rate of officials throughout Netball in South Australia. We ask that you give new officials the chance to develop their skills without harassment or abuse and recognise that they are doing their best.

#3

[Insert Club or Associations Name] is involved in the Office for Recreation, Sport and Racing and Netball SA's Coloured Shirt Program. The program aims to make all beginner or inexperienced officials easily recognisable, therefore educating all participants of netball (players, coaches and spectators) the opportunity to understand the demands, pressures and support needs of beginner officials. The Coloured Shirt Program is part of a broader framework, which aims to create a positive, inclusive culture in Netball. The aim of the Coloured Shirt Program is to increase retention, value and appreciation of officials.

LOUD SPEAKER ANNOUNCEMENTS

Sports are encouraged to read out one or more of the following announcements during competitions to make spectators, coaches and players aware of the Coloured Shirt Program.

#1

Everyone involved in sport has the right to enjoy a safe supportive environment free from harassment and inappropriate behaviour. In order to provide this supportive environment, [Insert Club or Associations Name] is involved in the Office for Recreation, Sport and Racing and Netball SA's Coloured Shirt Program, which aims to make new officials easily identifiable so that they are easy to recognise and support.

#2

Have you noticed some of our umpires are wearing green shirts?

They are a part of the Office for Recreation, Sport and Racing and Netball SA's Coloured Shirt Program that aims to make new officials easily identifiable so that we can help support them in their development. So, give them a chance to develop their skills without harassment and abuse.

#3

Without umpires, sport would not survive, so it is up to our Clubs and Association to build a positive culture of support for officials. Our new officials wear green shirts. Please support and respect them through your positive sideline behaviour.

#4 – Post Event Announcements

Thank you for your great support of all umpires today/tonight, especially those wearing green shirts who are involved in the Coloured Shirt Program.

SOCIAL MEDIA POST IDEAS

The Office for Recreation, Sport and Racing and Netball SA strongly encourage Clubs and Associations to use this information to assist with promotion of the Coloured Shirt Program through their social media avenues.

Photos always add value to social media posts – have you considered using the Coloured Shirt Program logo?

#1

Have you noticed our umpires wearing green shirts? They are part of the Coloured Shirt Program which supports new officials.

#2

Coloured Shirt Program – our new officials wear green shirts. Please support and respect through your positive sideline behaviour.

#3

Without officials, sport would not survive, so it is up to our Clubs and Associations to build a positive culture of support for officials through the Coloured Shirt Program.

#4

If you see umpires wearing a green shirt, it is important for you to know they are beginners involved in the Coloured Shirt Program. As with any learner they may make mistakes. Give them a chance to develop their skills without harassment and abuse.

#5

The Coloured Shirt Program aims to make all beginner or inexperienced umpires easily recognisable through the green shirts. You may see our umpires wearing these shirts, please show your support through positive sideline behaviour.
